

Buddhist Women's Network



About us:

We are a group of Buddhist lay-women associated with Amaravati, who meet about once a month, either online or in-person, to share our experiences on the path, explore the Buddha's teachings, and support each other in our practice. Our events are facilitated by experienced lay women. All women are welcome to come to our events, even if you are relatively new to meditation or to this tradition of Buddhism, and would like to learn more.

About Our Events:

Events include guided and silent meditation, chanting, reflections on a theme, sharing and discussion. In person days also include mindful movement indoors and walking meditation outside in the Amaravati field.

Our events are usually on Sundays and are either in person or online (not hybrid).

In-person days: are whole day events, held at the Retreat Centre Shrine Room at Amaravati, from 9.15 to 5.00. (Please bring a packed lunch for yourself.)

Online Afternoons: are from 2.00 -5.00 pm. (Please email us for a zoom link).

Upcoming events:

Sunday Aug 23rd : Online only (2.00 - 5.00 pm on zoom)

Sunday Oct 18th : In-person only (9.15 am - 5.00 pm in RC Shrine Room)

Sunday Nov 15th: Online only (2.00 - 5.00 pm on zoom)

Sunday Dec 6th : In-Person only (9.15 am- 5.00 pm in RC Shrine Room)

All women aged 18 or over are very welcome. There is no need to book, but if you are new, it's helpful if you can drop us an email to let us know you are planning to come.

For more information, and to obtain the zoom link for our online sessions, please email us at: bwnmailing@gmail.com