



Information for lay supporters from
The English Sangha Trust

Activities and Finance 2021-22

Amaravati Buddhist Monastery
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The English Sangha Trust Ltd.

Charity No: 231310

Company No: 565499

This leaflet updates supporters about the practical activities that the EST stewarded at Amaravati during 2021-22. There is a separate insert detailing finances.

Review of 2021

The two main features of 2021-22 were similar to the previous year; COVID was still bringing forth ingenuity in sharing the teachings, and the sangha was mindfully creating community spaces for the 2-3 year period when the new Sala and work areas are being built.



The old sala and garages are now just a memory.



And, so the sangha & lay people gather for the meal in the temporary converted Sala, or, at weekends in the temple.



Community Activities During 2022-23, and Beyond.

A new Memorial Garden is being grown at Heartwood, across the road from the main Monastery buildings, and additional native trees are being planted in the Eastern field there. Supporters are welcome to hold a memorial service and plant a tree or shrub. Email: memorials@amaravati.org for further details.



Nearly complete, by late autumn 2022, the community will gather for a formal offering of the new nuns' Vihara, which is a passive house design and has photovoltaic cells on the roof, as shown here.



The lay supporters offer the means and the buildings, guided and inspired by the sangha's way of life based on the Buddha's teachings, and so a field of good karma, Dhamma wisdom and, in this case, facilities suitable for the monastic life, is enabled.

We do recommend supporters look at the website from time to time, for news, announcements and recorded teachings: amaravati.org

The monastery is again open for short-term guests and those wishing to stay longer. Day visitors are always welcome and many people come for the shared meal. The Saturday afternoon meditation classes in the Temple run from 2-4pm. In addition, the Sunday Afternoon (Vassa) talks are taking place in summer 2022, also from 2pm.

The sangha continues to offer online retreats. The number of places is limited, so keep an eye on the opening of bookings on the website: <https://bookings.amaravati.org/RetreatCalendar.aspx>

Those who wish to deepen their practice through a longer stay in the monastery are able to participate in the Winter Retreat at Amaravati. You need to have stayed as a guest for a few weeks, and then apply for a Support Team place, by October of that year. As well as periods of sitting meditation, the Support Team members work in the kitchen and undertake some minor maintenance tasks. You need to be able to commit for a month at least, and the changeovers are at the change of each month, Jan, February, March. Contact the Guestmonk or Guestnun for further details, via the website.

There is a wide range of books available for free distribution, ranging from introductory booklets to in-depth collections of Ajahn Chah's and Luang Por Sumedho's teachings. A limited number of publications can be sent to your address, but it is preferred that they are collected where possible. Increasingly the sangha's teachings are available in languages other than English, both in printed and e-book formats.

See this website page for the full online format Library: <https://media.amaravati.org/browse>



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ไทย
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繁體中文

Ways to Support Amaravati

There are many ways to support the sangha and wider Amaravati community.

Volunteering: For opportunities to do things from your home, like proofreading, or tasks at the Monastery, such as cooking or driving, contact LVG.enquiry@gmail.com. You can also volunteer for a specific event, such as Kathina.

Meal danas: To offer all or part of a meal, possibly in remembrance of a loved one, contact 01442 842455 to book a date. Sundays can't be booked as the community prefers to rely in faith on whoever is inspired to bring food for the community that day.

Guests: Guests help in the kitchen, garden, or with maintenance. To stay at Amaravati contact the Guestnun or Guestmonk via the amaravati.org website.

Donations in all forms, and whether large or small amounts, are appreciated. The community recognises generosity however it arises.

Regular donations via standing orders are welcome. The Trust can claim Gift Aid, worth an additional 25%, on tax-payers' donations. Cash, cheques and one-off donations are also welcome.

A legacy: If you wish to benefit future generation in your Will, the following wording can be included, replacing the **XXXX** as you wish:

*I leave to The English Sangha Trust Limited charity no. 231310 company number 565499 of Amaravati Buddhist Monastery Great Gaddesden Hemel Hempstead Hertfordshire HP1 3BZ UK or its successor **XXXX** to be used as the trustees decide after consultation with the sangha shareholders.*

Bank transfers: The bank details are available from The Trust Secretary est@amaravati.org. Donations can also be received via CAF, in GB pounds, US dollars and euros. Look at the Support page of the Amaravati website. Donations can also be made via Paypal, from anywhere in the world.

Supporting Publications: Amaravati Publications is a sangha-led group which produces books by the community's Dhamma teachers, for free distribution, in paper and online formats. Your donation can be dedicated to 'Publications', and this is often done in memory of a loved one.

Supporting 'Rebuilding Amaravati': The community is blessed to have a few philanthropic donors but they cannot fund all the costs of the new eco-buildings. You are welcome to make a donation dedicated to a loved one or for a specific item, such as the new furniture that will be needed in the Sala. The Trust does not currently have all the funds it needs to fit out the Sala and workshop in 2023-25.

Any questions can be sent to The Trust Secretary, Caroline Leinster at est@amaravati.org, or call on +44 (0) 1442 927018.

**Amaravati Income for Running Costs 2021-22.
Totalling £581,196**



- General Donations £305,159
- Standing Orders £61,664
- Travel & Welfare £86,696
- Gift Aid £28,210
- Deposit Interest £35,843
- Legacies £18,000
- Other income £45,624

The trustees appreciate every donation, knowing that each one, whether large or small, reflects a heartfelt connection to the Dhamma and community.

**Amaravati Spending on Running Costs
2021-22, totalling £397,948**

- Welfare £76,901
- Maintenance £76,704
- Utilities £89,769
- Insurance £25,148
- Printing, Postage, Stationery £7,574
- Publications £32,606
- Travel £18,555
- Administration (incl salary) £46,706
- Telephone, IT, Internet £10,235
- Accounts/Legal £9,733
- Small capital /misc £4,014



In addition the Trust spent £2,218,357, on the Rebuilding Amaravati project, being £1,401,000 on buildings for the Nuns' and the rest largely on the Sala design and preparation.