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Suttas, Parittas and Funeral Chanting Pāli and English

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PART 1

The Cardinal Suttas

Setting in Motion the Wheel of Dhamma

[SOLO INTRODUCTION]

This is the first teaching of the Tathāgata on attaining to unexcelled, perfect enlightenment. Here is the perfect turning of the incomparable wheel of Truth, inestimable wherever it is expounded in the world. Disclosed here are the two extremes, and the Middle Way, with the Four Noble Truths and the purified knowledge and vision pointed out by the Lord of Dhamma. Let us chant together this Sutta proclaiming the supreme, independent enlightenment that is widely renowned as 'The Turning of the Wheel of the Dhamma.'

Thus have I heard.

Once when the Blessed One was staying in the deer sanctuary at Isipatana, near Benares, he spoke to the group of five bhikkhus:

'These two extremes, bhikkhus, should not be followed by one who has gone forth: sensual indulgence, which is low, coarse, vulgar, ignoble, and unprofitable; and self-torture, which is painful, ignoble, and unprofitable.

'Bhikkhus, by avoiding these two extremes, the Tathāgata has realized the Middle Way, which gives vision and understanding, which leads to calm, penetration, enlightenment, to Nibbāna.

'And what, bhikkhus, is the Middle Way realized by the Tathāgata, which gives vision and understanding, which leads to calm, penetration, enlightenment, to Nibbāna?

Dhammacakkappavattana Sutta

[SOLO INTRODUCTION]

Anuttaraṃ abhisambodhiṃ Pathamaṃ yaṃ adesesi Sammadeva pavattento Yatthākkhātā ubho antā Catūsvāriyasaccesu Desitaṃ dhammarājena Nāmena vissutaṃ suttaṃ Veyyākaraṇapāthena sambujjhitvā tathāgato dhammacakkam anuttaram loke appativattiyam paṭipatti ca majjhimā visuddham ñāṇadassanam sammāsambodhikittanam dhammacakkappavattanam saṅgītantam bhaṇāma se

[Evam me sutam]

Ekaṃ samayaṃ bhagavā bārāṇasiyaṃ viharati isipatane migadāye. Tatra kho bhagavā pañcavaggiye bhikkhū āmantesi:

Dve'me, bhikkhave, antā pabbajitena na sevitabbā: yo cāyaṃ kāmesu kāma-sukh'allikānuyogo; hīno, gammo, pothujjaniko, anariyo, anattha-sañhito; yo cāyaṃ atta-kilamathānuyogo; dukkho, anariyo, anattha-sañhito.

Ete te, bhikkhave, ubho ante anupagamma majjhimā paṭipadā tathāgatena abhisambuddhā cakkhukaraṇī, ñāṇakaraṇī, upasamāya, abhiññāya, sambodhāya, nibbānāya saṃvattati.

Katamā ca sā, bhikkhave, majjhimā paṭipadā tathāgatena abhisambuddhā cakkhukaraņī ñāṇakaraṇī, upasamāya, abhiññāya, sambodhāya, nibbānāya saṃvattati. 'It is just this Noble Eightfold Path, namely:

'Right View, Right Intention, Right Speech, Right Action, Right Livelihood, Right Effort, Right Mindfulness, and Right Concentration.

'Truly, bhikkhus, this Middle Way understood by the Tathāgata produces vision, produces knowledge, and leads to calm, penetration, enlightenment, to Nibbāna.

'This, bhikkhus, is the Noble Truth of dukkha:

'Birth is dukkha, ageing is dukkha, death is dukkha, grief, lamentation, pain, sorrow and despair are dukkha, association with the disliked is dukkha, separation from the liked is dukkha, not to get what one wants is dukkha. In brief, clinging to the five khandhas is dukkha.

'This, bhikkhus, is the Noble Truth of the cause of dukkha:

'The craving which causes rebirth and is bound up with pleasure and lust, ever seeking fresh delight, now here, now there; namely, craving for sense pleasure, craving for existence, and craving for annihilation.

'This, bhikkhus, is the Noble Truth of the cessation of dukkha:

'The complete cessation, giving up, abandonment of that craving, complete release from that craving, and complete detachment from it.

'This, bhikkhus, is the Noble Truth of the way leading to the cessation of dukkha:

'Only this Noble Eightfold Path; namely, Right View, Right Intention, Right Speech, Right Action, Right Livelihood, Right Effort, Right Mindfulness, and Right Concentration.

'With the thought, "This is the Noble Truth of dukkha," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before. Ayam-eva ariyo aṭṭhaṅgiko maggo seyyathīdaṃ:

Sammā-diṭṭhi, sammā-saṅkappo, sammā-vācā, sammā-kammanto, sammā-ājīvo, sammā-vāyāmo, sammā-sati, sammā-samādhi.

Ayaṃ kho sā, bhikkhave, majjhimā paṭipadā tathāgatena abhisambuddhā cakkhukaraṇī ñāṇakaraṇī, upasamāya, abhiññāya, sambodhāya, nibbānāya saṃvattati.

Idam kho pana, bhikkhave, dukkham ariya-saccam:

Jātipi dukkhā, jarāpi dukkhā, maranampi dukkhaṃ, soka-parideva-dukkha-domanass'upāyāsāpi dukkhā, appiyehi sampayogo dukkho, piyehi vippayogo dukkho, yamp'icchaṃ na labhati tampi dukkhaṃ, saṅkhittena pañcupādānakkhandā dukkhā.

Idam kho pana, bhikkhave, dukkha-samudayo ariya-saccam:

Yā'yaṃ taṇhā ponobbhavikā nandi-rāga-sahagatā tatra-tatrābhinandinī seyyathīdaṃ: kāma-taṇhā, bhava-taṇhā, vibhava-taṇhā.

Idam kho pana, bhikkhave, dukkha-nirodho ariya-saccam:

Yo tassā yeva taņhāya asesa-virāga-nirodho, cāgo, paṭinissaggo, mutti, anālayo.

Idaṃ kho pana, bhikkhave, dukkha-nirodha-gāminī paṭipadā ariya-saccaṃ:

Ayam-eva ariyo aṭṭhaṅgiko maggo seyyathīdam: sammā-diṭṭhi, sammā-saṅkappo, sammā-vācā, sammā-kammanto, sammā-ājīvo, sammā-vāyāmo, sammā-sati, sammā-samādhi.

[Idaṃ dukkhaṃ] ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi. 'With the thought, "This is the Noble Truth of dukkha, and this dukkha has to be understood," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This is the Noble Truth of dukkha, and this dukkha has been understood," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This is the Noble Truth of the cause of dukkha," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This is the Noble Truth of the cause of dukkha, and this cause of dukkha has to be abandoned," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This is the Noble Truth of the cause of dukkha, and this cause of dukkha has been abandoned," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This is the Noble Truth of the cessation of dukkha," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This is the Noble Truth of the cessation of dukkha, and this cessation of dukkha has to be realized," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This is the Noble Truth of the cessation of dukkha, and this cessation of dukkha has been realized," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before. Taṃ kho pan'idaṃ dukkhaṃ ariya-saccaṃ pariññeyyan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkhaṃ ariya-saccaṃ pariññātan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Idam dukkha-samudayo ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkhasamudayo ariyasaccaṃ pahātabban'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-samudayo ariya-saccaṃ pahīnan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Idam dukkha-nirodho ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodho ariya-saccaṃ sacchikātabban'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā, udapādi āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodho ariya-saccaṃ sacchikatan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi. 'With the thought, "This is the Noble Truth of the way leading to the cessation of dukkha," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This Noble Truth of the way leading to the cessation of dukkha has to be developed," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'With the thought, "This Noble Truth of the way leading to the cessation of dukkha has been developed," there arose in me, bhikkhus, vision, knowledge, insight, wisdom, light, concerning things unknown before.

'So long, bhikkhus, as my knowledge and vision of reality regarding these Four Noble Truths, in their three phases and twelve aspects, was not fully clear to me, I did not declare to the world of spirits, demons, and gods, with its seekers and sages, celestial and human beings, the realization of incomparable, perfect enlightenment.

'But when, bhikkhus, my knowledge and vision of reality regarding these Four Noble Truths, in their three phases and twelve aspects, was fully clear to me, I declared to the world of spirits, demons, and gods, with its seekers and sages, celestial and human beings, that I had realized incomparable, perfect enlightenment.

'Knowledge and vision arose: "Unshakeable is my deliverance; this is the last birth, there will be no more renewal of being."'

Thus spoke the Blessed One. Glad at heart, the group of five bhikkhus approved of the words of the Blessed One.

Idam dukkha-nirodha-gāminī paṭipadā ariya-saccan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodha-gāminī paṭipadā ariya-saccaṃ bhāvetabban'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

Taṃ kho pan'idaṃ dukkha-nirodha-gāminī paṭipadā ariya-saccaṃ bhāvitan'ti me bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.

[Yāva kīvañca me bhikkhave,] imesu catūsu ariya-saccesu evan-ti-parivaṭṭaṃ dvādas'ākāraṃ yathā-bhūtaṃ ñāṇa-dassanaṃ na suvisuddhaṃ ahosi, n'eva tāv'āhaṃ bhikkhave, sadevake loke samārake sabrahmake sassamaṇa-brāhmaṇiyā pajāya sadeva-manussāya anuttaraṃ sammā-sambodhiṃ abhisambuddho paccaññāsiṃ.

Yato ca kho me bhikkhave, imesu catūsu ariya-saccesu evan-ti-parivaṭṭaṃ dvādas'ākāraṃ yathā-bhūtaṃ ñāṇa-dassanaṃ suvisuddham ahosi, ath'āham bhikkhave, sadevake loke samārake sabrahmake sassamaṇa-brāhmaṇiyā pajāya sadeva-manussāya anuttaraṃ sammā-sambodhiṃ abhisambuddho paccaññāsiṃ.

Ñāṇañca pana me dassanaṃ udapādi, akuppā me vimutti ayam-antimā jāti, natthi dāni punabbhavo'ti.

Idam-avoca bhagavā. Attamanā pañcavaggiyā bhikkhū bhagavato bhāsitam abhinandum.

As this exposition was proceeding, the spotless, immaculate vision of the Dhamma appeared to the Venerable Koṇḍañña and he knew: 'Everything that has the nature to arise has the nature to cease.'

When the Blessed One had set in motion the Wheel of Dhamma, the Earthbound devas proclaimed with one voice,

'The incomparable Wheel of Dhamma has been set in motion by the Blessed One in the deer sanctuary at Isipatana, near Benares, and no seeker, brahmin, celestial being, demon, god, or any other being in the world can stop it.'

Having heard what the Earthbound devas said, the devas of the Four Great Kings proclaimed with one voice...

Having heard what the devas of the Four Great Kings said, the devas of the Thirty-three proclaimed with one voice...

Having heard what the devas of the Thirty-three said, the Yāma devas proclaimed with one voice...

Having heard what the Yāma devas said, the Devas of Delight proclaimed with one voice...

Having heard what the Devas of Delight said, the Devas Who Delight in Creating, proclaimed with one voice...

Having heard what the Devas Who Delight in Creating said, the Devas Who Delight in the Creations of Others proclaimed with one voice...

Having heard what the Devas Who Delight in the Creations of Others said, the Brahma gods proclaimed in one voice,

'The incomparable Wheel of Dhamma has been set in motion by the Blessed One in the deer sanctuary at Isipatana, near Benares, and no seeker, brahmin, celestial being, demon, god, or any other being in the world can stop it.' Imasmiñca pana veyyākaraņasmiṃ bhaññamāne āyasmato koņḍaññassa virajaṃ vītamalaṃ dhammacakkhuṃ udapādi: yaṃ kiñci samudaya-dhammaṃ sabban-taṃ nirodha-dhamman'ti.

[Pavattite ca bhagavatā] dhammacakke bhummā devā saddamanussāvesum:

Etam bhagavatā bārāņasiyam isipatane migadāye anuttaram dhammacakkam pavattitam appațivattiyam samaņena vā brāhmaņena vā devena vā mārena vā brahmunā vā kenaci vā lokasmin'ti.

Bhummānam devānam saddam sutvā, cātummahārājikā devā saddamanussāvesum...

Cātummahārājikānam devānam saddam sutvā, tāvatimsā devā saddamanussāvesum...

Tāvatiņsānaņ devānaņ saddaņ sutvā, yāmā devā saddamanussāvesuņ...

Yāmānam devānam saddam sutvā, tusitā devā saddamanussāvesum...

Tusitānam devānam saddam sutvā, nimmānaratī devā saddamanussāvesum...

Nimmānaratīnam devānam saddam sutvā, paranimmitavasavattī devā saddamanussāvesum...

Paranimmitavasavattīnam devānam saddam sutvā, brahmakāyikā devā saddamanussāvesum:

Etam bhagavatā bārāņasiyam isipatane migadāye anuttaram dhammacakkam pavattitam appațivattiyam samaņena vā brāhmaņena vā devena vā mārena vā brahmunā vā kenaci vā lokasmin'ti. Thus in a moment, an instant, a flash, word of the Setting in Motion of the Wheel of Dhamma went forth up to the Brahma world, and the ten-thousandfold universal system trembled and quaked and shook, and a boundless, sublime radiance surpassing the power of devas appeared on earth.

Then the Blessed One made the utterance,

'Truly, Koṇḍañña has understood, Koṇḍañña has understood!' Thus it was that the Venerable Koṇḍañña got the name Aññā-Koṇḍañña: 'Koṇḍañña Who Understands.'

Thus ends the discourse on Setting in Motion the Wheel of Dhamma.

Iti'ha tena khaṇena, tena muhuttena, yāva brahmalokā saddo abbhuggacchi. Ayañca dasa-sahassī lokadhātu saṅkampi sampakampi sampavedhi, appamāṇo ca oḷāro obhāso loke pāturahosi atikkammeva devānaṃ devānubhāvaṃ.

Atha kho bhagavā udānam udānesi:

Aññāsi vata bho koṇḍañño, aññāsi vata bho koṇḍañño ti. Iti hidaṃ āyasmato koṇḍaññassa aññā-koṇḍañño tveva nāmaṃ ahosī ti.

Dhammacakkappavattana-suttam nițțhitam.

The Characteristic of Not-Self

[SOLO INTRODUCTION]

All beings should take pains to understand the characteristic of not-self, which provides matchless deliverance from self-view and self-perception, as taught by the supreme Buddha. This teaching is given so that those who meditate on experienceable realities may arrive at perfect comprehension; It is for the development of perfect understanding of these phenomena, and for the investigation of all defiled mind-moments.

The consequence of this practice is total deliverance, so, desirous of bringing this teaching forth with its great benefit, let us now recite this Sutta.

Thus have I heard.

At one time the Blessed One was dwelling at Benares in the deer park. There he addressed the group of five bhikkhus:

'Form, bhikkhus, is not-self. If, bhikkhus, form were self, then form would not lead to affliction, and one might be able to say in regard to form, "Let my form be thus, let my form not be thus." But since, bhikkhus, form is not-self, form therefore leads to affliction, and one is not able to say in regard to form, "Let my form be thus, let my form not be thus."

'Feeling is not-self. If, bhikkhus, feeling were self, feeling would not lead to affliction, and one might be able to say in regard to feeling, "Let my feeling be thus, let my feeling not be thus." But since, bhikkhus, feeling is not-self, feeling therefore leads to affliction, and one is not able to say in regard to feeling, "Let my feeling be thus, let my feeling not be thus."

Anatta-lakkhaṇa Sutta

[SOLO INTRODUCTION]

Yantaṃ sattehi dukkhena Attavādattasaññāṇaṃ Sambuddho taṃ pakāsesi Uttariṃ paṭivedhāya Yantesaṃ diṭṭhadhammānam Sabbāsavehi cittāni Tathā ñāṇānussārena Sādhūnaṃ atthasiddhatthaṃ ñeyyam anattalakkhanam sammadeva vimocanam diṭṭhasaccāna yoginam bhāvetum ñāṇamuttamam ñāṇenupaparikkhatam vimuccimsu asesato sāsanam kātumicchatam tam suttantam bhaṇāma se

[Evam me sutam]

Ekaṃ samayaṃ bhagavā bārāṇasiyaṃ viharati isipatane migadāye. Tatra kho bhagavā pañcavaggiye bhikkhū āmantesi:

Rūpam bhikkhave anattā, rūpañca hidam bhikkhave attā abhavissa, nayidam rūpam ābādhāya samvatteyya, labbhetha ca rūpe, evam me rūpam hotu, evam me rūpam mā ahosī ti. Yasmā ca kho bhikkhave rūpam anattā, tasmā rūpam ābādhāya samvattati, na ca labbhati rūpe, evam me rūpam hotu, evam me rūpam mā ahosī ti.

Vedanā anattā, vedanā ca hidaṃ bhikkhave attā abhavissa, nayidaṃ vedanā ābādhāya saṃvatteyya, labbhetha ca vedanāya, evaṃ me vedanā hotu, evaṃ me vedanā mā ahosī ti. Yasmā ca kho bhikkhave vedanā anattā, tasmā vedanā ābādhāya saṃvattati, na ca labbhati vedanāya, evaṃ me vedanā hotu, evaṃ me vedanā mā ahosī ti. 'Perception is not-self. If, bhikkhus, perception were self, perception would not lead to affliction, and one might be able to say in regard to perception, "Let my perception be thus, let my perception not be thus." But since, bhikkhus, perception is not-self, perception therefore leads to affliction, and one is not able to say in regard to perception, "Let my perception be thus, let my perception not be thus."

'Mental formations are not-self. If, bhikkhus, mental formations were self, mental formations would not lead to affliction, and one might be able to say in regard to mental formations, "Let my mental formations be thus, let my mental formations not be thus." But since, bhikkhus, mental formations are not-self, mental formations therefore lead to affliction, and one is not able to say in regard to mental formations, "Let my mental formations be thus, let my mental formations not be thus."

'Consciousness is not-self. If, bhikkhus, consciousness were self, consciousness would not lead to affliction, and one might be able to say in regard to consciousness, "Let my consciousness be thus, let my consciousness not be thus." But since, bhikkhus, consciousness is not-self, consciousness therefore leads to affliction, and one is not able to say in regard to consciousness, "Let my consciousness be thus, let my consciousness not be thus."

'What do you think about this, bhikkhus? Is form permanent or impermanent?'

'Impermanent, Venerable Sir.'

'But is that which is impermanent painful or pleasurable?'

'Painful, Venerable Sir.'

'But is it fit to consider that which is impermanent, painful, of a nature to change, as "This is mine, I am this, this is my self"?'

'It is not, Venerable Sir.'

Saññā anattā, saññā ca hidaṃ bhikkhave attā abhavissa, nayidaṃ saññā ābādhāya saṃvatteyya, labbhetha ca saññāya, evaṃ me saññā hotu, evaṃ me saññā mā ahosī ti.

Yasmā ca kho bhikkhave saññā anattā, tasmā, saññā ābādhāya saṃvattati, na ca labbhati saññāya, evaṃ me saññā hotu, evaṃ me saññā mā ahosī ti.

Saṅkhārā anattā, saṅkhārā ca hidaṃ bhikkhave attā abhavissaṃsu, nayidaṃ saṅkhārā ābādhāya saṃvatteyyuṃ, labbhetha ca saṅkhāresu, evaṃ me saṅkhārā hontu, evaṃ me saṅkhārā mā ahesun ti.

Yasmā ca kho bhikkhave saṅkhārā anattā, tasmā saṅkhārā ābādhāya saṃvattanti, na ca labbhati saṅkhāresu, evaṃ me saṅkhārā hontu, evaṃ me saṅkhārā mā ahesun ti.

Viññāṇaṃ anattā, viññāṇañca hidaṃ bhikkhave attā abhavissa, nayidaṃ viññānam ābādhāya saṃvatteyya, labbhetha ca viññāne evaṃ me viññāṇaṃ hotu, evaṃ me viññāṇaṃ mā ahosī ti.

Yasmā ca kho bhikkhave viññāṇaṃ anattā, tasmā viññāṇaṃ ābādhāya saṃvattati, na ca labbhati viññāne, evaṃ me viññāṇaṃ hotu, evaṃ me viññāṇaṃ mā ahosī ti.

[Taṃ kiṃ maññatha bhikkhave,] rūpam niccaṃ vā aniccaṃ vā ti. Aniccaṃ bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkham bhante.

Yam panāniccaṃ dukkhaṃ viparināma-dhammaṃ, kallaṃ nu taṃ samanupassituṃ, etaṃ mama, esoham'asmi, eso me attā ti.

No hetaṃ bhante.

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'What do you think about this, bhikkhus? Is feeling permanent or impermanent?'

'Impermanent, Venerable Sir.'

'But is that which is impermanent painful or pleasurable?'

'Painful, Venerable Sir.'

'But is it fit to consider that which is impermanent, painful, of a nature to change, as "This is mine, I am this, this is my self"?'

'It is not, Venerable Sir.'

'What do you think about this, bhikkhus? Is perception permanent or impermanent?'

'Impermanent, Venerable Sir.'

'But is that which is impermanent painful or pleasurable?'

'Painful, Venerable Sir.'

'But is it fit to consider that which is impermanent, painful, of a nature to change, as "This is mine, I am this, this is my self"?'

'It is not, Venerable Sir.'

'What do you think about this, bhikkhus? Are mental formations permanent or impermanent?'

'Impermanent, Venerable Sir.'

'But is that which is impermanent painful or pleasurable?'

'Painful, Venerable Sir.'

'But is it fit to consider that which is impermanent, painful, of a nature to change, as "This is mine, I am this, this is my self"?'

'It is not, Venerable Sir.'

Taṃ kiṃ maññatha bhikkhave, vedanā niccā vā aniccā vā ti.

Aniccā bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkham bhante.

Yam panāniccam dukkham viparināma-dhammam, kallam nu tam samanupassitum, etam mama, esoham'asmi, eso me attā ti.

No hetaṃ bhante.

Tam kim maññatha bhikkhave, saññā niccā vā aniccā vā ti.

Aniccā bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkham bhante.

Yam panāniccam dukkham viparināma-dhammam, kallam nu tam samanupassitum, etam mama, esoham'asmi, eso me attā ti.

No hetam bhante.

Taṃ kiṃ maññatha bhikkhave, saṅkhārā niccā vā aniccā vā ti.

Aniccā bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkhaṃ bhante.

Yam panāniccaṃ dukkhaṃ viparināma-dhammaṃ, kallaṃ nu taṃ samanupassituṃ, etaṃ mama, esoham'asmi, eso me attā ti.

No hetaṃ bhante.

'What do you think about this, bhikkhus? Is consciousness permanent or impermanent?'

'Impermanent, Venerable Sir.'

'But is that which is impermanent painful or pleasurable?'

'Painful, Venerable Sir.'

'But is it fit to consider that which is impermanent, painful, of a nature to change, as "This is mine, I am this, this is my self"?'

'It is not, Venerable Sir.'

'Wherefore, bhikkhus, whatever form there is, past, future, present, internal or external, gross or subtle, inferior or superior, whether it is far or near, all form should, by means of right wisdom, be seen as it really is, thus: "This is not mine, I am not this, this is not my self."

'Whatever feeling there is, past, future, present, internal or external, gross or subtle, inferior or superior, whether it is far or near, all feeling should, by means of right wisdom, be seen as it really is, thus: "This is not mine, I am not this, this is not my self."

'Whatever perception there is, past, future, present, internal or external, gross or subtle, inferior or superior, whether it is far or near, all feeling should, by means of right wisdom, be seen as it really is, thus: "This is not mine, I am not this, this is not my self."

'Whatever mental formations there are, past, future, present, internal or external, gross or subtle, inferior or superior, whether they are far or near, all mental formations should, by means of right wisdom, be seen as they really are, thus: "This is not mine, I am not this, this is not my self." Taṃ kiṃ maññatha bhikkhave, viññāṇaṃ niccaṃ vā aniccaṃ vā ti. Aniccaṃ bhante.

Yam panāniccam, dukkham vā tam sukham vā ti.

Dukkhaṃ bhante.

Yam panāniccam dukkham viparināma-dhammam, kallam nu tam samanupassitum etam mama, esoham'asmi, eso me attā ti.

No hetaṃ bhante.

[Tasmā tiha bhikkhave] yaṃ kiñci rūpaṃ atītānāgata-paccuppannaṃ ajjhattaṃ vā bahiddhā vā oļārikaṃ vā sukhumaṃ vā hīnaṃ vā paṇītaṃ vā yandūre santike vā, sabbaṃ rūpaṃ netaṃ mama, nesoham'asmi, na me so attā ti, evametaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.

Yā kāci vedanā atītānāgata-paccuppannā ajjhattā vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paņītā vā yā dūre santike vā, sabbā vedanā netam mama, nesoham'asmi, na me so attā ti, evametam yathābhūtam sammappaññāya daṭṭhabbam.

Yā kāci saññā atītānāgata-paccuppannā ajjhattā vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paņītā vā yā dūre santike vā, sabbā saññā netaṃ mama, nesoham'asmi, na me so attā ti, evametaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.

Ye keci saṅkhārā atītānāgata-paccuppannā ajjhattā vā bahiddhā vā oļārikā vā sukhumā vā hīnā vā paṇītā vā ye dūre santike vā, sabbe saṅkhārā netaṃ mama, nesoham'asmi, na me so attā ti, evametaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ. 'Whatever consciousness there is, past, future, present, internal or external, gross or subtle, inferior or superior, whether far or near, all consciousness should, by means of right wisdom, be seen as it really is, thus: "This is not mine, I am not this, this is not my self."

'Seeing in this way, bhikkhus, the wise noble disciple becomes disenchanted with form, becomes disenchanted with feeling, becomes disenchanted with perception, becomes disenchanted with mental formations, becomes disenchanted with consciousness. Becoming disenchanted, their passions fade away; with the fading of passion the heart is liberated; with liberation there comes the knowledge: "It is liberated," and they know: "Destroyed is birth, the Holy Life has been lived out, done is what had to be done, there is no more coming into any state of being."'

Thus spoke the Blessed One. Delighted, the group of five bhikkhus rejoiced in what the Blessed One had said. Moreover, while this discourse was being delivered, the minds of the five bhikkhus were freed from the defilements, through clinging no more.

Thus ends the discourse on The Characteristic of Not-self.

Yaṃ kiñci viññāṇaṃ atītānāgata-paccuppannaṃ ajjhattaṃ vā bahiddhā vā oļārikaṃ vā sukhumaṃ vā hīnaṃ vā paṇītaṃ vā yandūre santike vā, sabbaṃ viññāṇaṃ netaṃ mama, nesoham'asmi, na me so attā ti, evametaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.

[Evaṃ passaṃ bhikkhave] sutvā ariyasāvako rūpasmim pi nibbindati, vedanāya pi nibbindati, saññāya pi nibbindati, saṅkhāresu pi nibbindati, viññāṇasmim pi nibbindati, nibbindaṃ virajjati, virāgā vimuccati, vimuttasmiṃ vimuttam iti ñāṇaṃ hoti, khīṇā jāti, vusitaṃ brahmacariyaṃ, kataṃ karaṇīyaṃ, nāparaṃ itthattāyā ti pajānātī ti.

[Idam-avoca bhagavā.] Attamanā pañcavaggiyā bhikkhū bhagavato bhāsitam abhinandum. Imasmiñca pana veyyākaraņasmim bhaññamāne pañcavaggiyānam bhikkhūnam anupādāya āsavehi cittāni vimuccimsū ti.

Anattalakkhana-suttam nițțhitam.

The Fire Sermon

[SOLO INTRODUCTION]

With his skill in training the trainable, the All-transcendent Buddha, lucid speaker, teacher of the highest knowledge, He who expounds to the people the Dhamma and Vinaya that is fitting and worthy, teaching with this wonderful parable about fire, meditators of the highest skill;

He has liberated those who listen with the liberation that is utterly complete, through true investigation, with wisdom and attention.

Let us now recite this Sutta which describes the characteristics of dukkha.

Thus have I heard.

At one time the Blessed One was staying near Gayā at Gayā Head together with a thousand bhikkhus. There the Blessed One addressed the bhikkhus thus:

'Bhikkhus, everything is burning. And what, bhikkhus, is everything that is burning?

'The eye, bhikkhus, is burning, forms are burning, eye consciousness is burning, eye contact is burning, the feeling that arises from eye contact, whether it is pleasant, painful, or neutral, that too is burning. With what is it burning? I declare that it is burning with the fires of passion, hatred, and delusion; it is burning with birth, ageing, and death, with sorrow, lamentation, pain, grief, and despair.

'The ear is burning, sounds are burning, ear consciousness is burning, ear contact is burning, the feeling that arises from ear contact, whether it is pleasant, painful, or neutral, that too is burning. With what is it burning? I declare that it is burning with the fires of passion, hatred, and delusion; it is burning with birth, ageing, and death, with sorrow, lamentation, pain, grief, and despair.

Āditta-pariyāya Sutta

[SOLO INTRODUCTION]

Veneyyadamanopāye	sabbaso pāramiņ gato
Amoghavacano buddho	abhiññāyānusāsako
Ciṇṇānurūpato cāpi	dhammena vinayaṃ pajaṃ
Ciṇṇāggipāricariyānaṃ	sambojjhārahayoginaņ
Yamādittapariyāyaņ	desayanto manoharam
Te sotāro vimocesi	asekkhāya vimuttiyā
Tathevopaparikkhāya	viññūṇaṃ sotumicchataṃ
Dukkhatālakkhaņopāyaṃ	taṃ suttantaṃ bhaṇāma se

[Evam me sutam]

Ekaṃ samayaṃ bhagavā gayāyaṃ viharati gayāsīse saddhiṃ bhikkhu-sahassena. Tatra kho bhagavā bhikkhū āmantesi:

Sabbam bhikkhave ādittam. Kiñca bhikkhave sabbam ādittam.

Cakkhum bhikkhave ādittam, rūpā ādittā, cakkhuviññāṇam ādittam, cakkhusamphasso āditto, yampidam cakkhusamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam. Kena ādittam. Ādittam rāgagginā dosagginā mohagginā, ādittam jātiyā jarāmaranena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Sotam ādittam, saddā ādittā, sotaviñnānam ādittam, sotasamphasso āditto, yampidam sotasamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam. Kena ādittam. Ādittam rāgagginā dosagginā mohagginā, ādittam jātiyā jarāmaraņena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi. 'The nose is burning, odours are burning, nose consciousness is burning, nose contact is burning, the feeling that arises from nose contact, whether it is pleasant, painful, or neutral, that too is burning. With what is it burning? I declare that it is burning with the fires of passion, hatred, and delusion; it is burning with birth, ageing, and death, with sorrow, lamentation, pain, grief, and despair.

'The tongue is burning, tastes are burning, tongue consciousness is burning, tongue contact is burning, the feeling that arises from tongue contact, whether it is pleasant, painful, or neutral, that too is burning. With what is it burning? I declare that it is burning with the fires of passion, hatred, and delusion; it is burning with birth, ageing, and death, with sorrow, lamentation, pain, grief, and despair.

'The body is burning, tangible objects are burning, body consciousness is burning, body contact is burning, the feeling that arises from body contact, whether it is pleasant, painful, or neutral, that too is burning. With what is it burning? I declare that it is burning with the fires of passion, hatred, and delusion; it is burning with birth, ageing, and death, with sorrow, lamentation, pain, grief, and despair.

'The mind is burning, mental states are burning, mind consciousness is burning, mind contact is burning, the feeling that arises through mind contact, whether it is pleasant, painful, or neutral, that too is burning. With what is it burning? I declare that it is burning with the fires of passion, hatred, and delusion; it is burning with birth, ageing, and death, with sorrow, lamentation, pain, grief, and despair.

'Seeing thus, bhikkhus, the wise noble disciple becomes disenchanted with the eye, disenchanted with forms, disenchanted with eye consciousness, disenchanted with eye contact, and the feeling that arises from eye contact — whether it is pleasant, painful, or neutral — that too they become disenchanted with.

ĀDITTA-PARIYĀYA SUTTA

Ghānam ādittam, gandhā ādittā, ghānaviññāṇam ādittam, ghānasamphasso āditto, yampidam ghānasamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tam pi ādittam. Kena ādittam. Ādittam rāgagginā dosagginā mohagginā, ādittam jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Jivhā ādittā, rasā ādittā, jivhāviññāṇam ādittaṃ, jivhāsamphasso āditto, yampidaṃ jivhāsamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tam pi ādittaṃ. Kena ādittaṃ. Ādittaṃ rāgagginā dosagginā mohagginā, ādittaṃ jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Kāyo āditto, phoṭṭhabbā ādittā, kāyaviññāṇaṃ ādittaṃ, kāyasamphasso āditto, yampidaṃ kāyasamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tam pi ādittaṃ. Kena ādittaṃ. Ādittaṃ rāgagginā dosagginā mohagginā, ādittaṃ jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

Mano āditto, dhammā ādittā, manoviñnāṇaṃ ādittaṃ, manosamphasso āditto, yampidaṃ manosamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tam pi ādittaṃ. Kena ādittaṃ. Ādittaṃ rāgagginā dosagginā mohagginā, ādittaṃ jātiyā jarāmaraṇena sokehi paridevehi dukkhehi domanassehi upāyāsehi ādittan'ti vadāmi.

[Evaṃ passaṃ bhikkhave] sutvā ariyasāvako cakkhusmiṃ pi nibbindati, rūpesu pi nibbindati, cakkhuviññāṇe pi nibbindati, cakkhusamphassepi nibbindati, yampidaṃ cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmiṃ pi nibbindati. 'They become disenchanted with the ear, disenchanted with sounds, disenchanted with ear consciousness, disenchanted with ear contact, and the feeling that arises from ear contact — whether it is pleasant, painful, or neutral — that too they become disenchanted with.

'They become disenchanted with the nose, disenchanted with odours, disenchanted with nose consciousness, disenchanted with nose contact, and the feeling that arises from nose contact — whether it is pleasant, painful, or neutral — that too they become disenchanted with.

'They become disenchanted with the tongue, disenchanted with tastes, disenchanted with tongue consciousness, disenchanted with tongue contact, and the feeling that arises from tongue contact — whether it is pleasant, painful, or neutral — that too they become disenchanted with.

'They become disenchanted with the body, disenchanted with tangible objects, disenchanted with body consciousness, disenchanted with body contact, and the feeling that arises from body contact — whether it is pleasant, painful, or neutral — that too they become disenchanted with.

'They become disenchanted with the mind, disenchanted with mental states, disenchanted with mind consciousness, disenchanted with mind contact, and the feeling that arises from mind contact — whether it is pleasant, painful, or neutral — that too they become disenchanted with.

'Becoming disenchanted, their passions fade away; with the fading of passion the heart is liberated; with liberation there comes the knowledge: "It is liberated," and they know: "Destroyed is birth, the Holy Life has been lived out, done is what had to be done, there is no more coming into any state of being."'

Thus spoke the Blessed One; delighted, the bhikkhus rejoiced in what the Blessed One had said. Moreover, while this discourse was being uttered, the minds of those thousand bhikkhus were freed from the defilements, without any further attachment.

Thus ends The Fire Sermon.

Sotasmim pi nibbindati, saddesu pi nibbindati, sotaviññāņe pi nibbindati, sotasamphassepi nibbindati, yampidam sotasamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tasmim pi nibbindati.

Ghānasmiṃ pi nibbindati, gandhesu pi nibbindati, ghānaviññāṇe pi nibbindati, ghānasamphassepi nibbindati, yampidaṃ ghānasamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmiṃ pi nibbindati.

Jivhāya pi nibbindati, rasesu pi nibbindati, jivhāviññāņe pi nibbindati, jivhāsamphassepi nibbindati, yampidaṃ jivhāsamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmiṃ pi nibbindati.

Kāyasmiṃ pi nibbindati, phoṭṭhabbesu pi nibbindati, kāyaviññāṇe pi nibbindati, kāyasamphassepi nibbindati, yampidaṃ kāyasamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmiṃ pi nibbindati.

Manasmim pi nibbindati, dhammesu pi nibbindati, manoviññāņe pi nibbindati, manosamphassepi nibbindati, yampidam manosamphassapaccayā uppajjati vedayitam sukham vā dukkham vā adukkhamasukham vā tasmim pi nibbindati.

Nibbindam virajjati, virāgā vimuccati, vimuttasmim, vimuttam iti ñāṇaṃ hoti, khīṇā jāti, vusitaṃ brahmacariyaṃ, kataṃ karaṇīyaṃ, nāparaṃ itthattāyā ti pajānātī ti.

[Idam-avoca bhagavā.] Attamanā te bhikkhū bhagavato bhāsitam abhinandum. Imasmiñca pana veyyākaraņasmim bhaññamāne tassa bhikkhu-sahassassa anupādāya āsavehi cittāni vimuccimsū ti.

Ādittapariyāya-suttam niṭṭhitam.

PART 2

Parittas

PARITTAS

Invitation to the Devas

- A. Pharitvāna mettam samettā bhadantā
 Avikkhitta-cittā parittam bhanantu
- B. Samantā cakka-vāļesu
 Atr'āgacchantu devatā

Sagge kāme ca rūpe Giri-sikhara-taṭe c'antalikkhe vimāne Dīpe raṭṭhe ca gāme Taru-vana-gahane geha-vatthumhi khette Bhummā c'āyantu devā Jala-thala-visame yakkha-gandhabba-nāgā Tiṭṭhantā santike yaṃ Muni-vara-vacanaṃ sādhavo me suṇantu Dhammassavana-kālo ayam-bhadantā

[THREE TIMES, OR]

Buddha-dassana-kālo ayam-bhadantā Dhammassavana-kālo ayam-bhadantā Saṅgha-payirūpāsana-kālo ayam-bhadantā

Pubba-bhāga-nama-kāra-pāțho

Namo tassa bhagavato arahato sammā-sambuddhassa Namo tassa bhagavato arahato sammā-sambuddhassa Namo tassa bhagavato arahato sammā-sambuddhassa

Saraņa-gamana-pāțho

Buddhaṃ saraṇaṃ gacchāmi Dhammaṃ saraṇaṃ gacchāmi Saṅghaṃ saraṇaṃ gacchāmi

Dutiyam pi buddhaṃ saraṇaṃ gacchāmi Dutiyam pi dhammaṃ saraṇaṃ gacchāmi Dutiyam pi saṅghaṃ saraṇaṃ gacchāmi

Tatiyam pi buddhaṃ saraṇaṃ gacchāmi Tatiyam pi dhammaṃ saraṇaṃ gacchāmi Tatiyam pi saṅghaṃ saraṇaṃ gacchāmi

Nama-kāra-siddhi-gāthā

Yo cakkhumā moha-malāpakaṭṭho Sāmaṃ va buddho sugato vimutto Mārassa pāsā vinimocayanto Pāpesi khemaṃ janataṃ vineyyaṃ Buddhaṃ varan-taṃ sirasā namāmi Lokassa nāthañ-ca vināyakañ-ca Tan-tejasā te jaya-siddhi hotu Sabb'antarāyā ca vināsamentu

Dhammo dhajo yo viya tassa satthu Dassesi lokassa visuddhi-maggam Niyyāniko dhamma-dharassa dhārī Sāt'āvaho santi-karo suciņņo Dhammam varan-tam sirasā namāmi Mohappadālam upasanta-dāham Tan-tejasā te jaya-siddhi hotu Sabb'antarāyā ca vināsamentu

Saddhamma-senā sugatānugo yo Lokassa pāpūpakilesa-jetā Santo sayaṃ santi-niyojako ca Svākkhāta-dhammaṃ viditaṃ karoti Saṅghaṃ varan-taṃ sirasā namāmi Buddhānubuddhaṃ sama-sīla-diṭṭhiṃ Tan-tejasā te jaya-siddhi hotu Sabb'antarāyā ca vināsamentu

Namo-kāra-ațțhaka

Namo arahato sammā Sambuddhassa mahesino Namo uttama-dhammassa Svākkhātass'eva ten'idha Namo mahā-saṅghassāpi Visuddha-sīla-ditthino Namo omāty-āraddhassa Ratanattayassa sādhukam Namo omakātītassa Tassa vatthuttayassa-pi Namo-kārappabhāvena Vigacchantu upaddavā Namo-kārānubhāvena Suvatthi hotu sabbadā Namo-kārassa tejena Vidhimhi homi tejavā

Ratana-sutta

Yaṅkiñci vittaṃ idha vā huraṃ vā Saggesu vā yaṃ ratanaṃ paṇītaṃ Na no samaṃ atthi tathāgatena Idam-pi buddhe ratanaṃ paṇītaṃ Etena saccena suvatthi hotu

Khayaṃ virāgaṃ amataṃ paṇītaṃ Yad-ajjhagā sakya-munī samāhito Na tena dhammena sam'atthi kiñci Idam-pi dhamme ratanaṃ paṇītaṃ Etena saccena suvatthi hotu

Yam buddha-seṭṭho parivaṇṇayī suciṃ Samādhim-ānantarikaññam-āhu Samādhinā tena samo na vijjati Idam-pi dhamme ratanaṃ paṇītaṃ Etena saccena suvatthi hotu

Ye puggalā aṭṭha sataṃ pasaṭṭhā Cattāri etāni yugāni honti Te dakkhiḥeyyā sugatassa sāvakā Etesu dinnāni mahapphalāni Idam-pi saṅghe ratanaṃ paṇītaṃ Etena saccena suvatthi hotu Ye suppayuttā manasā daļhena Nikkāmino gotama-sāsanamhi Te patti-pattā amataṃ vigayha Laddhā mudhā nibbutiṃ bhuñjamānā Idam-pi saṅghe ratanaṃ paṇītaṃ Etena saccena suvatthi hotu

Khīņaṃ purāṇaṃ navaṃ n'atthi sambhavaṃ Viratta-citt'āyatike bhavasmiṃ Te khīṇa-bījā aviruļhi-chandā Nibbanti dhīrā yathā'yam padīpo Idam-pi saṅghe ratanaṃ paṇītaṃ Etena saccena suvatthi hotu

Mangala-sutta

Asevanā ca bālānam Panditānañ-ca sevanā Pūjā ca pūjanīyānam Etam mangalam-uttamam Pațirūpa-desa-vāso ca Pubbe ca kata-puññatā Atta-sammā-paņidhi ca Etam mangalam-uttamam Bāhu-saccañ-ca sippañ-ca, Vinayo ca susikkhito Subhāsitā ca yā vācā Etam mangalam-uttamam Mātā-pitu-upatthānam Putta-dārassa sangaho Anākulā ca kammantā Etam mangalam-uttamam Dānañ-ca dhamma-cariyā ca Ñātakānañ-ca saṅgaho Anavajjāni kammāni Etam mangalam-uttamam Āratī viratī pāpā Majja-pānā ca saññamo Appamādo ca dhammesu Etam mangalam-uttamam

Gāravo ca nivāto ca Santuṭṭhī ca kataññutā Kālena dhammassavanaṃ Etam maṅgalam-uttamaṃ

Khantī ca sovacassatā Samaņānañ-ca dassanaṃ Kālena dhamma-sākacchā Etam maṅgalam-uttamaṃ

Tapo ca brahma-cariyañ-ca Ariya-saccāna-dassanaṃ Nibbāna-sacchikiriyā ca Etam maṅgalam-uttamaṃ

Phuṭṭhassa loka-dhammehi Cittaṃ yassa na kampati Asokaṃ virajaṃ khemaṃ Etam maṅgalam-uttamaṃ

Etādisāni katvāna Sabbattham-aparājitā Sabbattha sotthiṃ gacchanti Tan-tesaṃ maṅgalam-uttaman'ti

Karaņīya-metta-sutta

Karanīyam-attha-kusalena Yan-tam santam padam abhisamecca Sakko ujū ca suhujū ca Suvaco c'assa mudu anatimānī Santussako ca subharo ca Appakicco ca sallahuka-vutti Sant'indriyo ca nipako ca Appagabbho kulesu ananugiddho Na ca khuddam samācare kiñci Yena viññū pare upavadeyyum Sukhino vā khemino hontu Sabbe sattā bhavantu sukhit'attā Ye keci pāņa-bhūt'atthi Tasā vā thāvarā vā anavasesā Dīghā vā ye mahantā vā Majjhimā rassakā aņuka-thūlā Dițțhā vā ye ca adițțhā Ye ca dūre vasanti avidūre Bhūtā vā sambhavesī vā Sabbe sattā bhavantu sukhit'attā Na paro param nikubbetha Nātimaññetha katthaci nam kiñci Byārosanā patighasaññā

Nāññam-aññassa dukkham-iccheyya

Mātā yathā niyam puttam Āyusā eka-puttam-anurakkhe Evam'pi sabba-bhūtesu Mānasam-bhāvaye aparimānam Mettañ-ca sabba-lokasmim Mānasam-bhāvaye aparimāņam Uddham adho ca tiriyañ-ca Asambādham averam asapattam Titthañ-caram nisinno vā Sayāno vā yāvat'assa vigata-middho Etam satim adhittheyya Brahmam-etam vihāram idham-āhu Ditthiñca anupagamma Sīlavā dassanena sampanno Kāmesu vineyya gedham Na hi jātu gabbha-seyyam punaretī'ti

Yaṅkiñci ratanaṃ loke

Yaṅkiñci ratanaṃ loke Ratanaṃ buddha-samaṃ n'atthi Yaṅkiñci ratanaṃ loke Ratanaṃ dhamma-samaṃ n'atthi Yaṅkiñci ratanaṃ loke Ratanaṃ saṅgha-samaṃ n'atthi

vijjati vividham puthu tasmā sotthī bhavantu te/me vijjati vividham puthu tasmā sotthī bhavantu te/me vijjati vividham puthu tasmā sotthī bhavantu te/me

Sambuddhe

Sambuddhe atthavīsañca Pañca-sata-sahassāni Tesam dhammañca saṅghañca Namakārānubhāvena Anekā antarāyāpi Sambuddhe pañca-paññāsañca Dasa-sata-sahassāni Tesam dhammañca sanghañca Namakārānubhāvena Anekā antarāyāpi Sambuddhe navuttarasate Vīsati-sata-sahassāni Tesam dhammañca sanghañca Namakārānubhāvena Anekā antarāyāpi

dvādasañca sahassake namāmi sirasā aham ādarena namāmiham hantvā sabbe upaddave vinassantu asesato catuvīsati sahassake namāmi sirasā aham ādarena namāmiham hantvā sabbe upaddave vinassantu asesato atthacattālīsa sahassake namāmi sirasā aham ādarena namāmiham hantvā sabbe upaddave vinassantu asesato

PARITTAS

Khandha-parittam

Virūpakkhehi me mettam Chabyā-puttehi me mettam Apādakehi me mettam Catuppadehi me mettam Mā mam apādako himsi Mā mam catuppado himsi Sabbe sattā sabbe pāņā Sabbe bhadrāni passantu Appamāņo buddho Appamāņo sangho Ahi-vicchikā sata-padī Katā me rakkhā katā me parittā So'ham namo bhagavato Sammā-sambuddhānam mettam erāpathehi me mettam kaņhā-gotamakehi ca mettam dipādakehi me mettam bahuppadehi me mā mam himsi dipādako mā mam himsi bahuppado sabbe bhūtā ca kevalā mā kiñci pāpam-āgamā appamāņo dhammo pamānavantāni sirimsapāni uņnā-nābhī sarabhū mūsikā pațikkamantu bhūtāni namo sattannam

4 Buddha-dhamma-sangha-gunā

Iti pi so bhagavā arahaṃ sammā-sambuddho Vijjā-caraṇa-sampanno sugato loka-vidū Anuttaro purisa-damma-sārathi Satthā devamanussānaṃ buddho bhagavā'ti Svākkhāto bhagavatā dhammo sandiṭṭhiko akāliko ehi-passiko Opanayiko paccattaṃ veditabbo viññūhī'ti Supaṭipanno bhagavato sāvaka-saṅgho Uju-paṭipanno bhagavato sāvaka-saṅgho Nāya-paṭipanno bhagavato sāvaka-saṅgho Sāmīci-paṭipanno bhagavato sāvaka-saṅgho Yad-idaṃ cattāri purisa-yugāni aṭṭha purisa-puggalā Esa bhagavato sāvaka-saṅgho Āhuneyyo pāhuneyyo dakkhiņeyyo añjali-karaṇīyo Anuttaraṃ puñňakkhettaṃ lokassā'ti

Mora-parittam

Udet'ayañ-cakkhumā eka-rājā Harissa-vaṇṇo paṭhavippabhāso Taṃ taṃ namassāmi Harissa-vaṇṇaṃ paṭhavippabhāsaṃ Tay'ajja guttā viharemu divasaṃ Ye brāhmaṇā vedagu sabba-dhamme

Te me namo	te ca maṃ pālayantu
Nam'atthu buddhānamฺ	nam'atthu bodhiyā
Namo vimuttānam	namo vimuttiyā
Imaṃ so parittaṃ katvā	moro carati esanā ti
Apet'ayañ-cakkhumā eka-rājā	
Harissa-vaṇṇo paṭhavippabhāso	
Taṃ taṃ namassāmi	
Harissa-vaṇṇaṃ paṭhavippabhāsaṃ	
Tay'ajja guttā viharemu rattiņ	
Ye brāhmaņā vedagu sabba-dhamme	

Te me namo	te ca maṃ pālayantu
Nam'atthu buddhānam़	nam'atthu bodhiyā
Namo vimuttānaņ	namo vimuttiyā
Imaṃ so parittaṃ katvā	moro vāsam-akappayī ti

Vațțaka-parittam

Atthi loke sīla-guņo Tena saccena kāhāmi Āvajjitvā dhamma-balam Sacca-balam-avassāya Santi pakkhā apattanā Mātā pitā ca nikkhantā Saha sacce kate mayham Vajjesi soļasa karīsāni Saccena me samo n'atthi saccam soceyy'anuddayā sacca-kiriyam-anuttaram saritvā pubbake jine sacca-kiriyam-akās'aham santi pādā avañcanā jāta-veda paṭikkama mahā-pajjalito sikhī udakam patvā yathā sikhī esā me sacca-pāramī ti

Abhaya-parittam

Yan-dunnimittaṃ avamaṅgalañ-ca Yo cāmanāpo sakuṇassa saddo Pāpaggaho dussupinaṃ akantaṃ Buddhānubhāvena vināsamentu Yan-dunnimittaṃ avamaṅgalañ-ca Yo cāmanāpo sakuṇassa saddo Pāpaggaho dussupinaṃ akantaṃ Dhammānubhāvena vināsamentu Yan-dunnimittaṃ avamaṅgalañ-ca Yo cāmanāpo sakuṇassa saddo Pāpaggaho dussupinaṃ akantaṃ

Āțānāțiya-parittam

Vipassissa nam'atthu Sikhissa pi nam'atthu Vessabhussa nam'atthu Nam'atthu kakusandhassa Konāgamanassa nam'atthu Kassapassa nam'atthu Aṅgīrasassa nam'atthu Yo imaṃ dhammam-adesesi Ye cāpi nibbutā loke Te janā apisuṇā Hitaṃ deva-manussānaṃ Vijjā-caraṇa-sampannaṃ cakkhumantassa sirīmato sabba-bhūtānukampino nhātakassa tapassino māra-senappamaddino brāhmaņassa vusīmato brahmaņassa vusīmato vippamuttassa sabbadhi sakya-puttassa sirīmato sabba-dukkhāpanūdanam yathā-bhūtam vipassisum mahantā vīta-sāradā yam namassanti gotamam mahantam vīta-sāradam

Aṅguli-māla-parittaṃ

Yato'haṃ bhagini ariyāya jātiyā jāto Nābhijānāmi sañcicca pāṇaṃ jīvitā voropetā Tena saccena sotthi te hotu sotthi gabbhassa

[THREE TIMES]

N'atthi me saraṇaṃ aññaṃ

N'atthi me saraṇaṃ aññaṃ Buddho me saraṇaṃ varaṃ Etena sacca-vajjena Hotu te jaya-maṅgalaṃ N'atthi me saraṇaṃ aññaṃ Dhammo me saraṇaṃ varaṃ Etena sacca-vajjena Hotu te jaya-maṅgalaṃ Saṅgho me saraṇaṃ varaṃ Etena sacca-vajjena Hotu te jaya-maṅgalaṃ

Sakkatvā

Sakkatvā buddha-ratanam Hitam deva-manussānam Nassant'upaddavā sabbe Sakkatvā dhamma-ratanam Pariļāhūpasamanam Nassant'upaddavā sabbe Sakkatvā saṅgha-ratanam Āhuneyyam pāhuneyyam Nassant'upaddavā sabbe osatham uttamam varam buddha-tejena sotthinā dukkhā vūpasamentu te/me osatham uttamam varam dhamma-tejena sotthinā bhayā vūpasamentu te/me osatham uttamam varam sangha-tejena sotthinā rogā vūpasamentu te/me

PARITTAS

Bojjh'aṅga-parittaṃ

Bojjh'ango sati-sankhāto Viriyam-pīti-passaddhi Samādh'upekkha-bojjh'angā Muninā sammad-akkhātā Samvattanti abhiññāya Etena sacca-vajjena Ekasmim samaye nātho Gilāne dukkhite disvā Te ca tam abhinanditvā Etena sacca-vajjena Ekadā dhamma-rājā pi Cundattherena tañ-ñeva Sammoditvā ca ābādhā Etena sacca-vajjena Pahīnā te ca ābādhā Magg'āhata-kilesā va Etena sacca-vajjena

dhammānam vicavo tathā bojjh'angā ca tathā'pare satt'ete sabba-dassinā bhāvitā bahulīkatā nibbānāya ca bodhiyā sotthi te hotu sabbadā moggallānañ-ca kassapam bojjh'ange satta desayi rogā muccimsu tan-khane sotthi te hotu sabbadā gelaññenābhipīlito bhanāpetvāna sādaram tamhā vutthāsi thānaso sotthi te hotu sabbadā tinnannam-pi mahesinam pattānuppatti-dhammatam sotthi te hotu sabbadā

Jaya-maṅgala-aṭṭha-gāthā

Bāhuṃ sahassam-abhinimmita sāvudhan-taṃ Grīmekhalaṃ udita-ghora-sasena-māraṃ Dān'ādi-dhamma-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Mārātirekam-abhiyujjhita-sabba-rattim Ghoram-pan'āļavakam-akkhama-thaddha-yakkham Khantī-sudanta-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Nāļāgiriṃ gaja-varaṃ atimatta-bhūtaṃ Dāv'aggi-cakkam-asanīva sudāruṇan-taṃ Mett'ambu-seka-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Ukkhitta-khaggam-atihattha-sudāruṇan-taṃ Dhāvan-ti-yojana-path'aṅguli- mālavantaṃ Iddhī'bhisaṅkhata-mano jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Katvāna kaṭṭham-udaraṃ iva gabbhinīyā Ciñcāya duṭṭha-vacanaṃ jana-kāya majjhe Santena soma-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Saccam vihāya-mati-saccaka-vāda-ketum Vādābhiropita-manam ati-andha-bhūtam Paññā-padīpa-jalito jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni Nandopananda-bhujagaṃ vibudhaṃ mah'iddhiṃ Puttena thera-bhujagena damāpayanto Iddhūpadesa-vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Duggāha-diṭṭhi-bhujagena sudaṭṭha-hatthaṃ Brahmaṃ visuddhi-jutim-iddhi-bakābhidhānaṃ Ñāṇāgadena vidhinā jitavā mun'indo Tan-tejasā bhavatu te jaya-maṅgalāni

Etā pi buddha-jaya-maṅgala-aṭṭha-gāthā Yo vācano dina-dine saratem-atandī Hitvān'aneka-vividhāni c'upaddavāni Mokkhaṃ sukhaṃ adhigameyya naro sapañño

Devatā-uyyojana-gāthā

Dukkhappattā ca niddukkhā Sokappattā ca nissokā Ettāvatā ca amhehi Sabbe devānumodantu Dānaṃ dadantu saddhāya Bhāvanābhiratā hontu [Sabbe buddhā] balappattā Arahantānañ-ca tejena bhayappattā ca nibbhayā hontu sabbe pi pāņino sambhataṃ puñña-sampadaṃ sabba-sampatti-siddhiyā sīlaṃ rakkhantu sabbadā gacchantu devatā-gatā paccekānañ-ca yaṃ balaṃ rakkhaṃ bandhāmi sabbaso

Jaya-parittam

Mahā-kāruņiko nātho Hitāya sabba-pāņinam Pūretvā pāramī sabbā Patto sambodhim-uttamam Etena sacca-vajjena Hotu te jaya-mangalam Jayanto bodhiyā mūle Sakyānam nandi-vaddhano Evam tvam vijayo hohi Jayassu jaya-mangale Aparājita-pallaņke Sīse pathavi-pokkhare Abhiseke sabba-buddhānam Aggappatto pamodati Sunakkhattam sumangalam Supabhātam suhutthitam Sukhano sumuhutto ca Suyițțham brahma-cārisu Padakkhinam kāya-kammam Vācā-kammam padakkhinam Padakkhinam mano-kammam Panidhi te padakkhinā Padakkhināni katvāna Labhant'atthe padakkhine

Bhavatu sabba-maṅgalaṃ

Bhavatu sabba-maṅgalaṃ Rakkhantu sabba-devatā Sabba-buddhānubhāvena Sadā sotthī bhavantu te/me Bhavatu sabba-maṅgalaṃ Rakkhantu sabba-devatā Sabba-dhammānubhāvena Sadā sotthī bhavantu te/me Bhavatu sabba-maṅgalaṃ

Rakkhantu sabba-devatā Sabba-saṅghānubhāvena Sadā sotthī bhavantu te/me PARITTAS

The Twenty-Eight Buddhas' Protection

[SOLO INTRODUCTION]

We will now recite the discourse given by the Great Hero (the Buddha), as a protection for virtue-loving human beings, Against harm from all evil-doing, malevolent non-humans who are displeased with the Buddha's Teachings.

Homage to all Buddhas, the mighty who have arisen: Tanhankara, the great hero, Medhankara, the renowned, Saranańkara, who guarded the world, Dīpańkara, the light-bearer, Kondañña, liberator of people, Mangala, great leader of people, Sumana, kindly and wise, Revata, increaser of joy, Sobhita, perfected in virtues, Anomadassī, greatest of beings, Paduma, illuminer of the world, Nārada, true charioteer, Padumuttara, most excellent of beings, Sumedha, the unequalled one, Sujāta, summit of the world, Piyadassī, great leader of men, Atthadassī, the compassionate, Dhammadassī, destroyer of darkness, Siddhattha, unequalled in the world, and Tissa, speaker of Truth, Phussa, bestower of blessings, Vipassī, the incomparable, Sikhī, the bliss-bestowing teacher, Vessabhū, giver of happiness, Kakusandha, the caravan leader, Konāgamana, abandoner of ills, Kassapa, perfect in glory, Gotama, chief of the Sakyans.

Āṭānāṭiya Paritta (long version)

[SOLO INTRODUCTION]

Appasannehi nāthassa Amanussehi caṇḍehi Parisānañca-tassannam Yandesesi mahāvīro

[Namo me sabbabuddhānam] Tanhańkaro mahāvīro Saranańkaro lokahito Kondañño janapāmokkho Sumano sumano dhīro Sobhito gunasampanno Padumo lokapajjoto Padumuttaro sattasāro Sujāto sabbalokaggo Atthadassī kāruniko Siddhattho asamo loke Phusso ca varado buddho Sikhī sabbahito satthā Kakusandho satthavāho Kassapo sirisampanno

sāsane sādhusammate sadā kibbisakāribhi ahiṃsāya ca guttiyā parittan-tam bhaṇāma se.

uppannānam mahesinam medhańkaro mahāyaso dīpaṅkaro jutindharo mangalo purisāsabho revato rativaddhano anomadassī januttamo nārado varasārathī sumedho appațipuggalo piyadassī narāsabho dhammadassī tamonudo tisso ca vadatam varo vipassī ca anūpamo vessabhū sukhadāyako koņāgamano raņañjaho gotamo sakyapungavo

These and all self-enlightened Buddhas are also peerless ones. All the Buddhas together, all of mighty power, All endowed with the Ten Powers, attained to highest knowledge, All of these are accorded the supreme place of leadership. They roar the lion's roar with confidence among their followers, They observe with the divine eye, unhindered, all the world. The leaders endowed with the eighteen kinds of Buddha-Dhamma, The thirty-two major and eighty minor marks of a great being, Shining with fathom-wide haloes, all these elephant-like sages, All these omniscient Buddhas, conquerors free of corruption, Of mighty brilliance, mighty power, of mighty wisdom, mighty strength, Of mighty compassion and wisdom, bearing bliss to all, Islands, guardians and supports, shelters and caves for all beings, Resorts, kinsmen and comforters, benevolent givers of refuge, These are all the final resting place for the world with its deities. With my head at their feet I salute these greatest of humans. With both speech and thought I venerate those Tathāgatas, Whether lying down, seated or standing, or walking anywhere. May they ever guard your happiness, the Buddhas, bringers of peace, And may you, guarded by them, at peace, freed from all fear, Released from all illness, safe from all torments, Having transcended hatred, may you gain cessation.

PARITTAS

Ete caññe ca sambuddhā Sabbe buddhā asamasamā Sabbe dasabalūpetā Sabbe te patijānanti Sīhanādam nadantete Brahmacakkam pavattenti Upetā buddhadhammehi Dvattimsa-lakkhanūpetā Byāmappabhāya suppabhā Buddhā sabbaññuno ete Mahappabhā mahātejā Mahākārunikā dhīrā Dīpā nāthā patitthā Gatī bandhū mahassāsā Sadevakassa lokassa Tesāham sirasā pāde Vacasā manasā ceva Sayane āsane thāne Sadā sukhena rakkhantu Tehi tvam rakkhito santo Sabba-rogavinimutto Sabba-veramatikkanto

anekasatakotayo sabbe buddhā mahiddhikā vesārajjehupāgatā āsabhanthānamuttamam parisāsu visāradā loke appativattiyam atthārasahi nāyakā sītyānubyañjanādharā sabbe te munikuñjarā sabbe khīņāsavā jinā mahāpaññā mahabbalā sabbesānam sukhāvahā ca tānā lenā ca pāninam saranā ca hitesino sabbe ete parāyanā vandāmi purisuttame vandāmete tathāgate gamane cāpi sabbadā buddhā santikarā tuvam mutto sabbabhayena ca sabba-santāpavajjito nibbuto ca tuvam bhava

By the power of their truth, their virtue and love, May they protect and guard you in health and happiness. In the Eastern quarter are beings of great power, May they protect and guard you in health and happiness. In the Southern quarter are deities of great power, May they protect and guard you in health and happiness. In the Western quarter are dragons of great power, May they protect and guard you in health and happiness. In the Northern quarter are spirits of great power, May they protect and guard you in health and happiness. In the East is Dhatarattha, in the South is Virulhaka, In the West is Virūpakkha, Kuvera rules the North. These Four Mighty Kings, far-famed guardians of the world, May they all be your protectors in health and happiness. Sky-dwelling and earth-dwelling gods and dragons of great power, May they all be your protectors in health and happiness. For me there is no other refuge, the Buddha is my excellent refuge: By this declaration of truth may the blessings of victory be yours. For me there is no other refuge, the Dhamma is my excellent refuge: By this declaration of truth may the blessings of victory be yours. For me there is no other refuge, the Sangha is my excellent refuge: By this declaration of truth may the blessings of victory be yours.

Tesam saccena sīlena Tepi tumhe¹ anurakkhantu Puratthimasmim disābhāge Tepi tumhe anurakkhantu Dakkhinasmim disābhāge Tepi tumhe anurakkhantu Pacchimasmim disābhāge Tepi tumhe anurakkhantu Uttarasmim disābhāge Tepi tumhe anurakkhantu Purimadisam dhatarattho Pacchimena virūpakkho Cattāro te mahārājā Tepi tumhe anurakkhantu Ākāsatthā ca bhummatthā Tepi tumhe anurakkhantu Natthi me saranam aññam Etena saccavajjena Natthi me saranam aññam Etena saccavajjena Natthi me saranam aññam Etena saccavajjena

khantimettābalena ca ārogyena sukhena ca santi bhūtā mahiddhikā ārogvena sukhena ca santi devā mahiddhikā ārogyena sukhena ca santi nāgā mahiddhikā ārogvena sukhena ca santi yakkhā mahiddhikā ārogvena sukhena ca dakkhinena virulhako kuvero uttaram disam lokapālā vasassino ārogvena sukhena ca devā nāgā mahiddhikā ārogyena sukhena ca buddho me saranam varam hotu te² jayamangalam dhammo me saranam varam hotu te jayamangalam saṅgho me saranam varam hotu te jayamangalam

¹If chanting for oneself, change *tumhe* to *amhe* here and in the lines below. ²If chanting for oneself, change *te* to *me* here and in the lines below.

Whatever jewel may be found in the world, however splendid, There is no jewel equal to the Buddha, therefore may you be blessed. Whatever jewel may be found in the world, however splendid, There is no jewel equal to the Dhamma, therefore may you be blessed. Whatever jewel may be found in the world, however splendid, There is no jewel equal to the Sangha, therefore may you be blessed. If you venerate the Buddha jewel, the supreme, excellent protection, Which benefits gods and humans, then in safety, by the Buddha's power, All dangers will be prevented, your sorrows will pass away. If you venerate the Dhamma jewel, the supreme, excellent protection, Which calms all fevered states, then in safety, by the Dhamma's power, All dangers will be prevented, your fears will pass away. If you venerate the Sangha jewel, the supreme, excellent protection, Worthy of gifts and hospitality, then in safety, by the Sangha's power, All dangers will be prevented, your sicknesses will pass away. May all calamities be avoided, may all illness pass away, May no dangers threaten you, may you be happy and long-lived, Greeted kindly and welcome everywhere.

May four things accrue to you: long life, beauty, bliss, and strength.

PARITTAS

Yańkiñci ratanam loke Ratanam buddhasamam Yańkiñci ratanam loke Ratanam dhammasamam Yankiñci ratanam loke Ratanam sanghasamam Sakkatvā buddharatanam Hitam devamanussānam Nassantupaddavā sabbe Sakkatvā dhammaratanam Parilāhūpasamanam Nassantupaddavā sabbe Sakkatvā sangharatanam Āhuneyyam pāhuneyyam Nassantupaddavā sabbe Sabbītiyo vivajjantu Mā te bhavatvantarāyo Abhivādanasīlissa Cattāro dhammā vaddhanti vijjati vividham puthu natthi tasmā sotthī bhavantu te vijjati vividham puthu natthi tasmā sotthī bhavantu te vijjati vividham puthu natthi tasmā sotthī bhavantu te osatham uttamam varam buddhatejena sotthinā dukkhā vūpasamentu te osatham uttamam varam dhammatejena sotthinā bhayā vūpasamentu te osatham uttamam varam sanghatejena sotthinā rogā vūpasamentu te sabbarogo vinassatu sukhī dīghāyuko bhava niccam vuddhāpacāyino āyu vanno sukham balam

PART 3

Funeral Chanting

Dhamma-saṅgaṇī-mātikā

Kusalā dhammā Akusalā dhammā Abyākatā dhammā Sukhāya vedanāya sampayuttā dhammā Dukkhāya vedanāya sampayuttā dhammā Adukkhamasukhāya vedanāya sampayuttā dhammā Vipākā dhammā Vipāka-dhamma-dhammā N'eva vipāka na vipāka-dhamma-dhammā Upādinn'upādāniyā dhammā Anupādinn'upādāniyā dhammā Anupādinnānupādāniyā dhammā Sańkilittha-sańkilesikā dhammā Asaṅkiliṭṭha-saṅkilesikā dhammā Asańkilitthāsańkilesikā dhammā Savitakka-savicārā dhammā Avitakka-vicāra-mattā dhammā Avitakkāvicārā dhammā Pīti-saha-gatā dhammā Sukha-saha-gatā dhammā Upekkhā-saha-gatā dhammā Dassanena pahātabbā dhammā Bhāvanāya pahātabbā dhammā N'eva dassanena na bhāvanāya pahātabbā dhammā

FUNERAL CHANTING

Dassanena pahātabba-hetukā dhammā Bhāvanāya pahātabba-hetukā dhammā N'eva dassanena na bhāvanāya pahātabba-hetukā dhammā

Ācaya-gāmino dhammā Apacaya-gāmino dhammā N'evācaya-gāmino nāpacaya-gāmino dhammā

Sekkhā dhammā Asekkhā dhammā N'eva sekkhā nāsekkhā dhammā

Parittā dhammā Mahaggatā dhammā Appamāņā dhammā

Paritt'ārammaņā dhammā Mahaggat'ārammaņā dhammā Appamāņ'ārammaņā dhammā

Hīnā dhammā Majjhimā dhammā Paņītā dhammā

Micchatta-niyatā dhammā Sammatta-niyatā dhammā Aniyatā dhammā

Magg'ārammaņā dhammā Magga-hetukā dhammā Maggādhipatino dhammā Uppannā dhammā Anuppannā dhammā Uppādino dhammā Atītā dhammā Anāgatā dhammā Paccuppannā dhammā Atīt'ārammaņā dhammā Anāgat'ārammaņā dhammā Paccuppann'ārammanā dhammā Ajjhattā dhammā Bahiddhā dhammā Ajjhatta-bahiddhā dhammā Ajjhatt'ārammaņā dhammā Bahiddh'ārammaņā dhammā Ajjhatta-bahiddh'ārammanā dhammā Sanidassana-sappatighā dhammā Anidassana-sappatighā dhammā Anidassanāppatighā dhammā

Pațțhāna-mātikā-pāțho

Hetu-paccayo, ārammaṇa-paccayo, adhipati-paccayo, anantara-paccayo, samanantara-paccayo, saha-jāta-paccayo, aññam-añña-paccayo, nissaya-paccayo, upanissaya-paccayo, pure-jāta-paccayo, pacchā-jāta-paccayo, āsevana-paccayo, kamma-paccayo, vipāka-paccayo, āhāra-paccayo, indriya-paccayo, jhāna-paccayo, magga-paccayo, sampayutta-paccayo, vippayutta-paccayo, atthi-paccayo, n'atthi-paccayo, vigata-paccayo, avigata-paccayo.

Vipassanā-bhūmi-pāțho

Pañcakkhandhā:

Rūpakkhandho, vedanākkhandho, saññākkhandho, saṅkhārakkhandho, viññāṇakkhandho

Dvā-das'āyatanāni:

Cakkhv-āyatanam rūp'āyatanam, sot'āyatanam sadd'āyatanam, ghān'āyatanam gandh'āyatanam, jivh'āyatanam ras'āyatanam, kāy'āyatanam phoṭṭhabb'āyatanam, man'āyatanam dhamm'āyatanam

Ațțhārasa dhātuyo:

Cakkhu-dhātu rūpa-dhātu cakkhu-viññāṇa-dhātu, sota-dhātu sadda-dhātu sota-viññāṇa-dhātu, ghāna-dhātu gandha-dhātu ghāna-viññāṇa-dhātu, jivhā-dhātu rasa-dhātu jivhā-viññāṇa-dhātu, kāya-dhātu phoṭṭhabba-dhātu kāya-viññāṇa-dhātu, mano-dhātu dhamma-dhātu mano-viññāṇa-dhātu

Bā-vīsat'indriyāni:

Cakkhu'ndriyam sot'indriyam ghān'indriyam jivh'indriyam kāy'indriyam man'indriyam, itth'indriyam puris'indriyam jīvit'indriyam, sukh'indriyam dukkh'indriyam somanass'indriyam domanass'indriyam upekkh'indriyam, saddh'indriyam viriy'indriyam sat'indriyam samādh'indriyam paññ'indriyam, anaññātañ-ñassāmī-t'indriyam aññ'indriyam aññātāv'indriyam

Cattāri ariya-saccāni:

Dukkham ariya-saccam, dukkha-samudayo ariya-saccam, dukkha-nirodho ariya-saccam, dukkha-nirodha-gāminī paṭipadā ariya-saccam

Avijjā-paccayā saṅkhārā, saṅkhāra-paccayā viññāṇaṇ, viññāṇa-paccayā nāma-rūpaṃ, nāma-rūpa-paccayā saḷ-āyatanaṃ, saḷ-āyatana-paccayā phasso, phassa-paccayā vedanā, vedanā-paccayā taṇhā, taṇhā-paccayā upādānaṃ, upādāna-paccayā bhavo, bhava-paccayā jāti, jāti-paccayā jarā-maraṇaṃ soka-parideva-dukkha-domanass'upāyāsā sambhavanti

Evam-etassa kevalassa dukkhakkhandhassa samudayo hoti

Avijjāya tv-eva asesa-virāga-nirodhā saṅkhāra-nirodho, saṅkhāra-nirodhā viññāṇa-nirodho, viññāṇa-nirodhā nāma-rūpa-nirodho, nāma-rūpa-nirodhā saḷ-āyatana-nirodho, saḷ-āyatana-nirodhā phassa-nirodho, phassa-nirodhā vedanā-nirodho, vedanā-nirodhā taṇhā-nirodho, taṇhā-nirodhā upādāna-nirodho, upādāna-nirodhā bhava-nirodho, bhava-nirodhā jāti-nirodho, jāti-nirodhā jarā-maraṇaṃ soka-parideva-dukkha-domanass'upāyāsā nirujjhanti

Evam-etassa kevalassa dukkhakkhandhassa nirodho hoti

Paṃsu-kūla for the dead

Aniccā vata saṅkhārā Uppāda-vaya-dhammino Uppajjitvā nirujjhanti Tesaṃ vūpasamo sukho Sabbe sattā maranti ca Mariṃsu ca marissare Tath'evāhaṃ marissāmi N'atthi me ettha saṃsayo

Paṃsu-kūla for the living

Aciraṃ vat'ayaṃ kāyo Paṭhaviṃ adhisessati Chuddho apeta-viññāṇo Niratthaṃ va kaliṅgaraṃ

PART 4

Appendix

72 Pāli Phonetics and Pronunciation

Pāli is the original scriptural language of Theravāda Buddhism. It was a spoken language, closely related to Sanskrit, with no written script of its own. As written forms have emerged, they have been in the letterings of other languages (e.g. Devanagari, Sinhalese, Burmese, Khmer, Thai, Roman). The Roman lettering used here is pronounced as in English, with the following clarifications:

Vowels

Short	Long			
a as in <u>a</u> bout	ā as in f <u>a</u> ther			
i as in h <u>i</u> t	ī as in mach <u>i</u> ne			
u as in p <u>u</u> t	ū as in r <u>u</u> le			
	e as in gr <u>e</u> y			
	o as in m <u>o</u> re			

Exceptions: **e** and **o** change to short sounds in syllables ending in consonants. They are then pronounced as in 'get' and ' $\underline{o}x$ ', respectively.

Consonants

c as in an<u>c</u>ient (like <u>ch</u> but unaspirated)
m, n as <u>ng</u> in sa<u>ng</u>
n as <u>ny</u> in ca<u>ny</u>on
v rather softer than the English <u>v</u>; near <u>w</u>

Aspirated consonants

bh ch dh dh gh jh kh ph th th

These two-lettered notations with \underline{h} denote an aspirated, airy sound, distinct from the hard, crisp sound of the single consonant. They should be considered as one unit.

However, the other combinations with **h**, i.e., **lh**, **mh**, **ñh**, and **vh**, do count as two consonants (for example in the Pāli words 'ji**vh**ā' or 'mu**!h**o').

Examples

th as <u>t</u> in <u>t</u>ongue. (Never pronounced as in '<u>th</u>e'.)

ph as <u>p</u> in <u>p</u>alate. (Never pronounced as in '<u>ph</u>oto'.)

These are distinct from the hard, crisp sound of the single consonant, e.g. **th** as in '<u>Th</u>omas' (not as in '<u>th</u>in') or **ph** as in '<u>puff</u>' (not as in '<u>ph</u>one').

Retroflex consonants

ḍ ḍh ḷ ṇ ṭ ṭh

These retroflex consonants have no English equivalents. They are sounded by curling the tip of the tongue back against the palate.

Chanting technique

Once you have grasped the system of Pāli pronunciation and the following chanting technique, it allows you to chant a text in Pāli from sight with the correct rhythm.

Unstressed syllables end in a short **a**, **i** or **u**. All other syllables are stressed. Stressed syllables take twice the time of unstressed syllables — rather like two beats in a bar of music compared to one. This is what gives the chanting its particular rhythm.

BUD ·	DHO	SU ·	SUD ·	DHO	KA ·	RU	ŅĀ	MA ·	HAŅ	·ŅA ·	VO
1	1	1/2	1	1	1/2	1/2	1	1/2	1	1/2	1

Two details that are important when separating the syllables:

1. Syllables with double letters get divided in this way:

	Α·	NIC ·	CA			1	PUG ·	GA	·LĀ	
	1/2	1	1/2				1	1/2	1	
(not	Α·	NI ·	CCA)		(not	ΡU·	GGA	· LĀ)	
	1/2	1/2	1/2				1/2	1/2	1	
					1					

They are always enunciated separately, e.g. **dd** in 'uddeso' as in 'mad dog', or **gg** in 'maggo' as in 'big gun'.

2. Aspirated consonants like **bh**, **dh** etc. count as single consonant and don't get divided (Therefore **am·hā·kaṃ**, but **sa·dham·maṃ**, not **sad·ham·maṃ** or, another example: **Bud·dho** and not **Bu·ddho**).

Precise pronunciation and correct separation of the syllables is especially important when someone is interested in learning Pāli and to understand and memorize the meaning of Suttas and other chants, otherwise the meaning of it will get distorted.

An example to illustrate this:

The Pāli word **'sukka**' means 'bright'; **'sukkha**' means 'dry'; **'sukha**' – 'happiness'; **'suka**' – 'parrot' and '**sūka**' – 'bristles on an ear of barley'.

So if you chant '**sukha**' with a '**k**' instead of a '**kh**', you would chant 'parrot' instead of 'happiness'.

A general rule of thumb for understanding the practice of chanting is to listen carefully to what the leader and the group are chanting and to follow, keeping the same pitch, tempo and speed. All voices should blend together as one.

Punctuation, tonal marks and pauses in this edition

[Square brackets] indicate parts usually chanted only by the leader, but chanting customs differ in the various monasteries.

The slash / indicates variations of male of female forms according to the person chanting them, or singular and plural forms when chanting alone or in a group.

The cantillation marks indicate changes in pitch, usually a full tone up or down:

High tone:	nôble	Long low tone:	homage
Low tone:	blessed	Long mid tone:	<u>guides</u>

A note on hyphenation in the text

As an aid to understanding, some of the longer Pāli words in the text have been hyphenated into the words from which they are compounded. This does not affect the pronunciation in any way.

Glossary of Pāli Terms

- Anattā Literally, 'not-self,' i.e. impersonal, without individual essence; neither a person nor belonging to a person. One of the three characteristics of conditioned phenomena.
- **Anicca** Transient, impermanent, unstable, having the nature to arise and pass away. One of the three characteristics of conditioned phenomena.
- **Añjali** A gesture of respect. The palms of both hands join together directly in front of the chest, with the fingers aligned and pointing upwards.
- Araham/Arahant Literally, 'worthy one' a term applied to all enlightened beings. As an epithet of the Buddha alone, 'Lord' is used.
- Ariyapuggalā 'Noble Beings' or 'Noble Disciples' there are eight kinds: those who are working on or who have achieved the four different stages of realization.
- Bhagavā Bountiful, with good fortune when used as an epithet of the Buddha, 'the Fortunate One,' 'the Blessed One.'
- **Bhikkhu** A Buddhist monk who lives as an alms mendicant, abiding by 227 training precepts that define a life of renunciation and simplicity.
- **Brahmā** Celestial being; a god in one of the higher spiritual realms.
- **Buddha** The Understanding One, the Awakened One, who knows things as they are; a potential in every human being. The historical Buddha, Siddhattha Gotama, lived and taught in India in the 5th century B.C.E.
- **Deva** A celestial being. Less refined than a brahmā; as a deva is still in a sensual realm, albeit a very refined one.
- **Dhamma** (Sanskrit: Dharma) The Teaching of the Buddha as contained in the scriptures; not dogmatic in character, but more like a raft or vehicle to convey the disciple to deliverance. Also, the Truth towards which that Teaching points; that which is beyond words, concepts or intellectual understanding. When written as '*dhamma*', i.e. with lower case 'd', this refers to an 'item' or 'thing'.

- **Dukkha** Literally, 'hard to bear' dis-ease, restlessness of mind, anguish, conflict, unsatisfactoriness, discontent, stress, suffering. One of the three characteristics of conditioned phenomena.
- Factors of Awakening (bojjhanga) 1. mindfulness, 2. investigation of truth,3. effort, 4. rapture, 5. tranquility, 6. concentration, 7. equanimity.
- Foundations of Mindfulness (satipațțhāna) Mindfulness of 1. kāya (body),2. vedanā (feelings), 3. citta (mind), 4. dhamma (mind-objects).
- **Grounds of Birth (yoni)** The four modes of generation by which beings take birth: womb-born, egg-born, moisture-born and spontaneously born.
- **Holy Life (brahmacariya)** Literally: the Brahma-conduct; usually referring to the monastic life. Using this term emphasizes the vow of celibacy.
- **Jhāna** Mental absorption. A state of strong concentration focused on a single physical or sensation or mental notion.
- **Kamma** (Sanskrit: karma) Action, deed; actions created by habitual impulse, intention, volition.
- Khandhā The five aggregates, physical or mental that is: rūpa, vedanā, saññā, saňkhārā, viññāņa. Attachment to any of these as, 'This is mine', 'I am this' or, 'This is my self' is upādāna clinging or grasping.
- **Māra** Personification of evil forces. During the Buddha's struggle for enlightenment, Māra manifested frightening and enticing forms to try to turn him back from his goal.
- **Nibbāna** (Sanskrit: Nirvāṇa) Literally, 'coolness' the state of liberation from all suffering and defilements, the goal of the Buddhist path.
- **Paccekabuddha** Solitary Buddha someone enlightened by their own efforts without relying on a teacher but who, unlike the Buddha, has no following of disciples.
- **Paritta** Verses chanted particularly for blessing and protection.
- Parinibbāna The Buddha's final passing away, i.e. final entering Nibbāna.

Peaceful Sage (muni) An epithet of the Buddha.

- **Planes of Birth (bhūmi)** The three planes where rebirth takes place: *kāmāvacara-bhūmi*: the sensuous plane; *rūpāvacara-bhūmi*: form plane; *arūpāvacara-bhūmi*: formless plane.
- **Puñña** Merit, the accumulation of good fortune, blessings, or well-being resulting from the practice of Dhamma.
- **Rūpa** Form or matter. The physical elements that make up the body, i.e. earth, water, fire and air (solidity, cohesion, temperature and vibration).
- Sangha The community of those who practise the Buddha's Way.

More specifically, those who have formally committed themselves to the lifestyle of mendicant monks and nuns. The 'four pairs, the eight kinds of noble beings' are those who are on the path to or who have realized the fruition of the four stages of enlightenment: stream-entry, once-return, non-return and arahantship.

- **Saṅkhārā** Formations, constructions, all conditioned things, or volitional impulses, that is all mental states apart from feeling and perception that colour one's thoughts and make them either good, bad or neutral.
- **Saññā** Perception, the mental function of recognition.
- Tathāgata 'Thus gone' or 'Thus come' one who has gone beyond suffering and mortality; one who experiences things as they are, without delusion. The epithet that the Buddha applied to himself.
- Threefold bliss Mundane bliss, celestial bliss and Nibbānic bliss.
- Triple Gem Buddha, Dhamma and Saṅgha.
- Vedanā Feeling physical and mental feelings that may be either pleasant, unpleasant or neutral.
- Viññāņa Sense consciousness the process whereby there is seeing, hearing, smelling, tasting, touching and thinking.

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